

Pain Counseling and Biofeedback



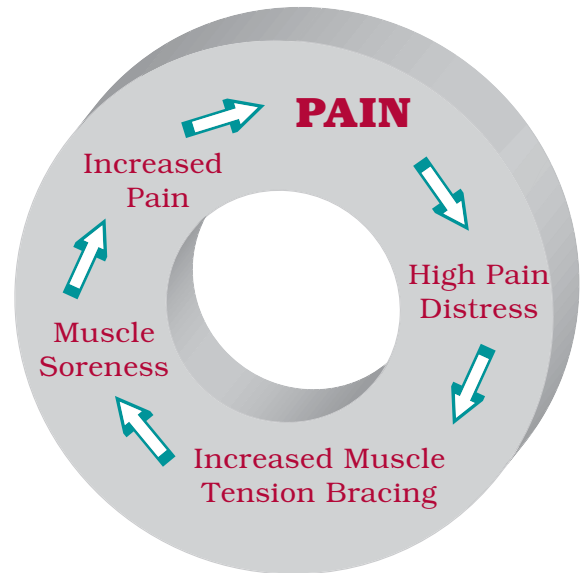
“My Pain is a medical problem. Why should I see a Pain Counselor?”

Because recognizing the whole person helps to improve medical outcomes. After all, there is an individual human being connected to each medical diagnosis. For that reason, our standard of care includes consultation with our licensed counselor, a pain management specialist.

Pain Cycles

The individual who experiences chronic pain is likely to encounter effects of pain that can contribute to increased and prolonged problems with the pain itself.

For example:



Medical intervention is most effective when it is combined with strategies to address the cause and effect interactions that exacerbate pain. We have the expertise, experience, and understanding of these dynamics. Our focus is on offering a whole person approach to assisting patients by combining medical intervention with proven mind/body strategies and psychological support for overcoming the adversity of chronic pain.



RELIEF IS ON THE WAY

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